FCFTucson.org Sunday, August 11th, 2019 Together We Can: Grow |part 2|

TEXT: Romans 12:4-5; Colossians 2:19

Last week we talked about how our individual growth is enhanced in our ability to connect with other people in life (teachers, mentors, teammates, etc...) and we saw that our growth in the Kingdom is too. We are interconnected as part of the BODY of Christ. For maximum results our growth happens in connection with Christ & with one another. Bodies grow through mutual support.

Practical Ways to Help others grow

- Value & express the worth of Others
 - > Acceptance Don't insist that people change for you. Eph 1:6
 - Attention When we give attention to others it communicates value. This require giving of ourselves & our time to others.
 - Gal 6:10 ERV ... we should give special attention to those who are in the family of believers. Each of us can intentionally BUILD relationships so that we have multiple connection points to HOLD us up, PRAY, and BE there.
 - Affection, LOVE. Romans 12:10 Love each other with genuine affection, and take delight in honoring each other.
 - One easy way to show affection is handshake, pat on the back, high five.
 - Appreciation: When we appreciate people their sense of their value goes up. When was the last time you told someone in this room, "I appreciate your attitude, sense of style, your example in service, promptness, faithfulness?" 1 Thessalonians 5:12

"You never know when a moment and a few sincere words can have an impact on a life." – Zig Ziglar

- Praying for Another person's growth/relationship with God Not just emergencies or needs. Col 4:12
 - What if each week we looked around the room and asked the Holy Spirit to direct us to someone to pray for that week? Then we did it! The following Sunday let them know, "I prayed for you last week."

- If you don't know how to PRAY. Prayer Guides in Foyer to help you... Start with Eph 1:17; Heb 13:21, 2 Thess 3:5 If you can pray one sentence, you can make a difference today!
- Admitting Your Own Mistakes Keeping it Real! Creates an atmosphere for others to grow and do the same. Eph 4:25 MSG
 - MSG What this adds up to, then, is this: no more lies, no more pretense. Tell your neighbor the truth. In Christ's body we're all connected to each other, after all. When you lie to others, you end up lying to yourself.
 - When we admit our mistakes & are honest and real with others about things.
 - <u>Emotional healing can take place</u>. James 5:16 AMP Secrets and lies keep us in pain and in bondage. Offenses handcuff us to hurts. Lies tie us to trouble. Sins strap us to shame.
 - You get a fresh start. Proverbs 28:13-14 NKJV
 - <u>God Promised to HELP</u> The Local Church is a GREAT place to admit our mistakes and imperfections because God said He'd HELP
- By Encouraging Other People Commitments I'm not talking New Year's Resolutions. Romans 1:12 NLT
 - We help people grow by not letting them give up & cheering them on in the areas they want to grow in. We can remind people, don't quit, don't stop, I believe in you. What you're doing is amazing. You don't have to compromise your values.
 - Just ENCOURAGING people in their commitment to be a part of a local body of believers. HERE! Keep coming back. Resuscitate your life.
- #TogetherWeCan We can intentionally help each other grow. It doesn't just happen on Sunday Morning.
 - Come early & hang out a bit after service, FMTI Bible School courses, partner and serve in our local body, developing ministry gifts in services around the community (jail, GRM, ICS, Family Ministries, Casas Physical Rehab), Tuesday evenings
 - > Our Next OPEN TABLE Connections Next Month